

**School Health Advisory Committee Meeting Summary**  
**Department of Safe Schools**  
**Café Training Room**  
**September8, 2011**

TOPIC	DISCUSSION	ACTION
<b>Introduction</b>	Dr. Clayton welcomed everyone and members to introduce themselves. <ul style="list-style-type: none"> <li>Seth Bernstein thank Kim Williams and staff for hosting the SHAC meeting at Safe Schools</li> </ul>	
<b>Approval of Agenda</b>	Approved.	
<b>Approval of Summary – April 14, 2011</b>	Summary notes approved following motion by Dr. Seth Bernstein, seconded by Paula Triana	
<b>Old Business</b>	<p><b>Mental Health Subcommittee</b> – Seth Bernstein</p> <p><b>Wellness Promotion Task Force</b> ~ Paula Triana gave an update.</p> <ul style="list-style-type: none"> <li>The District's 5<sup>th</sup> Wellness Promotion Task Force meeting was held on Wednesday, May 11<sup>th</sup> at the School District.</li> <li>With each year, we continue to make great strides in improving the health and well-being of our student and staff population and the community as a whole. Our success could never be accomplished without the support and dedication of all our partners.</li> <li>Paula received a gold medallion for the Wellness Promotion Program.</li> <li><b>FY 2011-2012 Wellness Promotion Task Force Meeting Dates:</b>  <u><b>Fulton-Holland Educational Services Center</b> - 3300 Forest Hill Boulevard West Palm Beach, FL 33406</u></li> <li><b>Wednesday, October 19, 2011</b></li> <li><b>Thursday, December 8, 2011</b></li> <li><b>Wednesday, February 1, 2012</b></li> <li><b>Wednesday, April 4, 2012</b></li> <li><b>Thursday, May 10, 2012</b></li> </ul> <p><b>SHAC Executive Committee</b> – Dr. Cynthia Clayton announced SHAC sub-committee meets every 3<sup>rd</sup> Friday of the month for anyone who is interested in attending.</p> <ul style="list-style-type: none"> <li>Voting/Slate of Officers was sent out to the board members in July, 2011; was approved in September, 2011.</li> <li><b>Dr. Cynthia Clayton, MD – Chair</b></li> <li><b>Dr. Michael Feinstein, MD – Vice Chair</b></li> <li><b>Dr. Seth Bernstein, Psy. D. – Corresponding Secretary</b></li> <li><b>Siobhan Gross, RN,BSN,CDE – Recording Secretary</b></li> <li>Membership list was reviewed and updated</li> <li>Topics for the SY 2011-2012 SHAC meetings were reviewed; topics will be discuss with the committee for future meetings</li> </ul>	

	<ul style="list-style-type: none"> <li>• By-Laws for SHAC - If anyone would like to join the committee to review and update current bylaws.</li> </ul> <p><b>School Health Program of Palm Beach County</b></p> <ul style="list-style-type: none"> <li>• 655, 000 visits to the school nurses</li> <li>• 169,000 students from Pre-K thru 12<sup>th</sup> grade</li> <li>• 60,000 vision and hearing screenings</li> <li>• More than 200 nurses</li> <li>• Nearly 170 public schools in collaboration of the Health Care District and Health Department since 1997</li> </ul>	
<b>New Business</b>	<p><b>“Breaking the Silence” DVD Presentation</b> – Rita Thrasher became an advocate of mental health for Boca Raton’s Promise in 1999. The presentation recognizing and focusing on student mental health in our schools. Barriers to mental health are:</p> <ul style="list-style-type: none"> <li>• Hunger and Poverty</li> <li>• Loss of homes and jobs</li> <li>• Family conflict</li> <li>• Lack of healthcare and insurance</li> </ul> <p>The hope is to spark enthusiasm of school nurses and school-based teams to:</p> <ul style="list-style-type: none"> <li>• Review district-approved films and programs related to mental health</li> <li>• Engage professional development and school staff in viewing and discussing film/s</li> <li>• Identify the most appropriate interventions for students at your school</li> <li>• Recommend a teacher and community-based professional to pilot a Friends program</li> </ul>	
<b>Announcements</b>	<p><u>Upcoming events:</u></p> <ul style="list-style-type: none"> <li>▪ September 17, 2011- National Sickle Cell Foundation Walk and Health Fair at Gains Park</li> <li>▪ September 19, 20, 21, 2011 - Workshop - Spotlight on Sickle Cell: Exertional Sickling</li> </ul>	
<b>Adjournment</b>	Meeting adjourned at 1:30 PM. Next Meeting is October 13, 2011	The meeting location will resume at The American Lung Association