

**The School District of Palm Beach County
Wellness Promotion Task Force**

**Wellness Celebration Survey Summary
December 8, 2011**

We had a total of 300+ participants in the **“Wellness Celebration”** and so many people were recognized for their hard work and diligence.
64 people completed this survey.

1. How organized was the “Wellness Celebration” event?

- **Total = 64 participants**
 - **93.8%** (60) stated **Extremely Organized**
 - **6.3%** (4) stated **Moderately Organized**
 - **0%** (0) stated **Not Organized**

2. What did you enjoy most about this event’s “Meet and Greet”?

- **21.9%** (14) stated **Networking**
- **12.5%** (8) stated **Hors d’oeuvres and beverages**
- **1.6%** (1) stated **Location and Time**
- **64.1%** (41) stated **All of the above**

3. How was this “Wellness Celebration” meaningful to you?

- I liked the presentations. It was nice to get a "visual" on the community partners. It was nice to hear the outstanding stories of the special people who were recognized.
- Made me more aware of the Wellness policy.
- The guest speakers had good information to offer, as well as keeping us informed on community projects.
- I am a new Wellness Coordinator, so I was interested to find out more about the people involved in wellness, and some of the initiatives being implemented around the schools and the district. I felt like I needed more time for the meet and greet portion...b/c it was a bit hurried and crowded. Most people seemed most interested in the beverages and networking. Maybe fewer and "simpler" Hors d'oeuvres would be easier and less "busy"..w/servers etc.
- Opportunity to meet with like-minded individuals and to honor those who have done stellar work in wellness.

- It was great to see all the progress made and the people who put in their time and effort.
- Very meaningful. Outstanding program, thank you!
- I was not sure what the event was going to be like. It was much more valuable to recipients of awards.
- This was a great opportunity for my students to showcase their movement experiences. Thanks for inviting us.
- Awareness and Networking!
- The celebration was very well organized and focused on the incredible partnerships that the District has with so many organizations.
- Be with others who are trying to encourage healthy lifestyles.
- It was wonderful to see the children and be able to recognize the good that is being done by the people in our county.
- It was great to see the collaboration, community support and impact
- I'm retired but never stopped volunteering. Surprised to see how widespread the Organization is. Had a great time seeing my old friends.
- I really enjoyed seeing the students involved with the celebration. Their contribution of entertainment was really wonderful to watch.
- I was able to see the level of participation not only from within the District but also outside.
- It was a nice opportunity to meet/show off/celebrate with so many we see in the course of our work days!
- Such a great night to bring together everyone who works so hard for wellness in the county.
- It was so lovely to see all the participants receive recognition. The event was very positive in what has been a stressful and intense year.
- It was nice to see others receive recognition.
- Great opportunity to recognize individuals for their contribution to health and wellness.
- I enjoyed the food and all of the awards..The shows that the kids did, were great!!
- Recognition of the contributions of the many people and organizations in the community who truly care about the health and wellbeing of children is significant. Everyone contributes for altruistic reasons and really do not expect recognition, but your efforts will be something they will treasure. First class!
- The Wellness Celebration acknowledged not only the outstanding accomplishments of the different programs but also those individuals responsible for these achievements which affect the betterment of the children in this District. Most importantly, by working together and

acknowledging those, both children and staff that are making a difference, inspires more good!

- Personal recognition among peers. Learned about great ideas in the district. Motivated to continue and incorporate some new ideas.
- Provided an opportunity to gather in a pleasant environment with local partners to discuss wellness activities at the pre-event. The celebration itself allowed me to have a broader view of the wellness activities and to observe how students engage in the wellness journey through exercise, food intake and dance. The public health aspect was very motivating in terms of the garden projects and students engaging in planting and tending vegetable gardens through the benefit of grant monies. Eric had done an outstanding job of pulling this program together and is a true student and staff advocate.
- I love to see how people are trying to make the difference in kids life.
- Several reasons: I enjoyed the opportunity to talk to colleagues in an informal atmosphere. It was nice to see individuals recognized for their work. It was an ideal occasion for district food service employees to showcase their talents - and how talented they are!
- I was shocked to be recognized for just doing my job!
- I have great expectations for next year. Possible addition of participating gyms and exercise trainers.
- Allowed me to see the variety of ways the District is making an impact on the health and well being of its students and staff as well as the community at large.
- It was nice to see how all of the School District is contributing to "Wellness" in so many different ways
- The appreciation that was shown for the "above and beyond" work that we do for children
- Impressed with all the different departments that are actively involved in promoting good health.
- Considering that I have recently gotten involved with the Gardening aspect, this was a wonderful experience!! I met so many people that I have worked with in the past and it kind of felt like ole' home day. Now knowing that all of these familiar faces are involved will assist me in continuing.
- We do a lot of hard work every day without much kudos and just to be acknowledged for this was great.
- I was able to see what is being done outside of Food Service
- I learned a lot about the things going on at other schools, it was very interesting.

- It showed me how much the School District cares about wellness and that what we do does make a difference in the life of the children we serve.
- It was great to see and hear all the great things people are doing in our district.
- It was a wonderful evening, well organized and delicious food. The presentation was a little long but nice
- It was a time to celebrate the power of community.
- Shows community support
- Wellness Efforts were recognized, supported and acknowledged which motivated me to keep doing more health and wellness programs.
- Gives me an insight to what is going on in the community to introduce into my school
- Refocused me on something besides FCAT
- Educational in a social setting
- Yup I won an award!
- I liked the keynote speaker. Very interesting presentation by a bright, young physician. She seemed a little nervous, but good presentation.
- I had a chance to rub shoulders with like-minded people and represent my school as a guest speaker on school gardening.
- It was very moving to see all of the wonderful things everyone is doing to further our district's wellness goals. Since we are all so spread out across the county, it was amazing to see the difference just one person can make in so many lives. It was also great to see that even though we may view our individual project as "I am just one person doing my thing", when we all come together all of those individual projects make a huge difference. With regard to question 5 below, I just wanted to state that Dr. Wilborn seemed a little nervous at first, which is why I gave her "good" instead of "excellent", but that she was very motivating and I enjoyed her speech. She was so motivating, in fact, I am thinking of changing doctors.
- Recognized many community partners.
- Erica did an amazing job recognizing so many people that never get noticed or thanked.
- It gave me an opportunity to be supportive to our district and the people that do wonderful things to support wellness.
- It was nice to see the people being recognized for all their hard work.
- Great to see all the wonderful activities students and schools are doing!

- I have watched the Wellness Committee grow from meeting at the Food Services back room to the present. It was meaningful to see all the people who attended and who have participated in this expansion.
- It was nice to see all the community partners come together.
- My first participation and I was very impressed by the organization.
- Incredibly meaningful! Wonderful to recognize so many people doing great things for the health and wellness of our student population.
- Demonstrated the community partnerships working towards the same goals.
- Great event, well organized. It is important to have employee recognition. Employees are our most valuable assets. They touch lives on a daily basis and we need to show appreciation!

4. How useful was the information presented at the “Wellness Celebration” event?

- **53.1%** (34) stated **Very Useful**
- **45.3%** (29) stated **Useful**
- **1.6%** (1) stated **Not Useful**

5. How would you rate the presentation by the Keynote Speaker Dr. Anita Wilborn?

- **Appropriate for the Event**
 - **41.3%** (26) stated **Excellent**
 - **46.0%** (29) stated **Good**
 - **12.7%** (8) stated **Fair**
 - **0%** (0) stated **Poor**
- **Overall Presentation**
 - **30.4%** (17) stated **Excellent**
 - **48.2%** (27) stated **Good**
 - **16.1%** (9) stated **Fair**
 - **5.4%** (3) stated **Poor**