

**School Health Advisory Committee Meeting Summary  
American Lung Association of Florida  
December 8, 2011**

TOPIC	DISCUSSION	ACTION
<b>Introduction</b>	Dr. Clayton welcomed everyone and members introduced themselves.	
<b>Approval of Agenda</b>	Agenda was approved following motion by Seth Bernstein, seconded by Cathy Burns.	
<b>Approval of Summary –</b>	Summary notes for 11/10/11 approved following motion by Paula Triana, seconded by Cathy Burns.	
<b>Old Business</b>	<p><b>Mental Health Subcommittee</b> – Seth Bernstein reported on the SHAC Mental Health meeting held two days ago.</p> <ul style="list-style-type: none"> <li>• The subcommittee discussed possible next steps as follow-up to the SHAC survey results presented at the October 2011 SHAC meeting. Discussion centered on how to share the results with the school board and school administration. The school board workshop presentation on bullying was postponed last month. If additional time could be added to that workshop when it is rescheduled, it would be a nice fit for presenting the SHAC survey results health survey findings. The survey asks a couple of questions about bullying frequency; the children feel like they are being bullied and there is such a tie between mental health issues and bullying. SHAC via Kim Williams will put in a request for additional time to present those findings to the School board.</li> <li>• The second main agenda item was identification of the survey tool to be used for the next SHAC survey. The ten questions of the current survey were carefully reviewed. It was determined to continue with same 10 questions with some tweaking and review one more time at next meeting. Next SHAC survey will be after FCAT in May and will include 3-5 graders, parents and teachers.</li> <li>• Mental Health Subcommittee's next regular meeting scheduled for the first Tuesday of the month (1/3/12) has been moved due to proximity to the holiday to Thursday, 1/12/12 at 10:30am, location TBD.</li> </ul> <p>Rita Thrasher – gave a report on mental health issues discussed at an open community meeting hosted by the newly formed Action Alliance for Mental Health at the District's Student Intervention Services Office at the Dwight D. Eisenhower Elementary School on Friday morning, November 18, 2011.</p> <p><b>Wellness Promotion Task Force</b> ~ Paula Triana reported –</p> <ul style="list-style-type: none"> <li>• All SHAC members were invited to the District's 1<sup>st</sup> <b>"Wellness Celebration"</b> which will be held at the District at 3:30 p.m. today...please come out to support this event given by the Wellness Promotion Task Force and the RWJF – Healthy Kids, Healthy Community grant.</li> <li>• The 5<sup>th</sup> edition of the <b>"Wellness Promotion Policy Annual Report"</b> (FY 2011) was</li> </ul>	Ana will follow-up and confirm meeting information and forward to the subcommittee.

	<p>presented to the School Board and District Leadership...thank you all for contributing and supporting this effort. The URL/domain for the WPP Annual Report is the following – <a href="http://www.2011wellnessannualreport.com">www.2011wellnessannualreport.com</a></p> <ul style="list-style-type: none"> <li>For its first time SHAC has been added to the <b>2010-2011 WPP Annual Report</b> at the following webpage link...check it out! <a href="http://www.2011wellnessannualreport.com/coordinated_school_health.html">http://www.2011wellnessannualreport.com/coordinated_school_health.html</a></li> </ul> <p><b>Bylaws Subcommittee</b> – Shioban Gross, Marsha Fishbane, and Eric Stern met on 12/6/11 to discuss updates to the bylaws. The draft revisions being proposed were presented by Shioban. As the document was reviewed, the membership recommended five additional changes to be included when the bylaws are presented for approval at the next meeting.</p> <p><b>Health Education Subcommittee</b> – will meet December 20th at noon at the School District; participants include Dani Fitzgerald, Pete Stewart, Nancy Zinser, Eric Stern, and Marsha Fishbane.</p>	<p>The latest draft of bylaws incorporating all changes recommended will be sent out in advance of the next meeting.</p>
<p><b>New Business</b></p>	<ul style="list-style-type: none"> <li>Stacey Lazos – gave a presentation about HealthTeacher: a health curriculum for K-12 teachers at the elementary school, middle school and high school levels. It is considered useful by teachers regardless of whether they have received professional preparation as health educators. HealthTeacher targets teachers in a classroom setting, although people involved in home schooling, community-based and mental health centers, and other health education venues have also found it helpful. The curriculum was created in 1999 and launched January 20, 2000. The Health Teacher curriculum delineates knowledge and skill expectations that are consistent with the Assessment Framework and National Health Education Standard for each grade level.</li> </ul> <p>Sponsored by Miami Children’s Hospital and currently have 143 users in PBC schools.</p> <p>HealthTeacher addresses the top six health risk behaviors identified by the U.S. Centers for Disease Control and Prevention (CDC):</p> <ul style="list-style-type: none"> <li>Alcohol and other drugs use</li> <li>Tobacco</li> <li>Physical inactivity</li> <li>Inadequate nutrition</li> <li>Actions that result in intentional or unintentional injury</li> <li>Sexual activity that can cause unwanted pregnancies or infection with HIV or other STDs</li> </ul>	
<p><b>Topic for Next Meeting</b></p>	<p>“Boys Town Programs In Our Community” presentation by Seth Bernstein</p>	
<p><b>Announcements</b></p>	<p><u>Upcoming events</u></p> <ul style="list-style-type: none"> <li>Sunday - January 22, 2012 from 1:30 a.m. to 4:00 p.m. – Action Alliance Breaking the Silence Proclamation to parent groups, Lifelong Learning Education Center, 800 Meadows Rd., Boca Raton.</li> </ul>	
<p><b>Adjournment</b></p>	<p>Meeting adjourned at 1:30 PM. Next Meeting is January 12, 2011.</p>	