

School Health Advisory Committee Meeting Summary
October 13, 2011
Meeting at American Lung Association of Florida

| TOPIC | DISCUSSION | ACTION |
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| Introduction | Dr. Clayton welcomed everyone and members introduced themselves. | |
| Approval of Agenda | Approved. | |
| Approval of Summary – September 8, 2011 | Summary notes approved following motion by Paula Triana, seconded by Dr. Bernstein. | |
| Old Business | <p>Mental Health Subcommittee – Seth Bernstein gave a recap of the last meeting.</p> <ul style="list-style-type: none"> • Boca Raton’s Promise – The alliance for youth developed a film “Breaking the Silence”. It is a 22 minute video; the participants were students and teachers focusing on teen depression, and mental health issues using multiple resources. • A workbook discussion guide is being developed that talks about mental health issues. • SHAC survey results were reviewed in preparation for presentation today. <p>Wellness Promotion Task Force – Paula Triana gave an update.</p> <ul style="list-style-type: none"> • The District’s 1st Wellness Promotion Task Force meeting will be held on Wednesday, October 19th at the School District. If you are interested in attending, please forward your email address to her for an invite. • On the evening of October 19th - the School Board will be reviewing the revised Wellness Promotion Policy and its Goals and Objective documents for a 1st reading process. <i>Everyone is invited to come out!</i> • There will be a School Board workshop on the 5th Edition – “2010-2011 Wellness Promotion Policy Annual Report” on Wednesday, November 16, 2011 at 5:00 p.m. at the School District Board Room. School Board meeting. Presenters will be Steve Bonino, Judith Klinek (CAO), and Paula Triana. <i>Everyone is invited to come out!</i> | |
| New Business | <p>“Presentation of SHAC Survey Results of School Year 2010-2011” Dr. Bernstein gave a PowerPoint presentation of the survey results from May 2011. These results were compared with results from an identical survey conducted SY 2008-2009.</p> <ul style="list-style-type: none"> • The surveys focused on elementary schools. • The schools were picked in a way to provide results representing the general student population. • Good participation. Better staff response in most recent survey. • Ten questions to 3rd and 5th graders. • Overall there was consistency in the responses comparing the results for both. <p><u>Comments about the survey results:</u> Bullying is not only a school issue; it is also a parental and a community issue. There are no resources to offer assistance to change behaviors. Children stressed by the FCAT, even as young as 3rd graders. Underreporting is an issue that is probably related to bullying. The group suggested presenting these results to the School Board.</p> | |

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| Topic for Next Meeting | Recommendations for meeting topics: <ul style="list-style-type: none"> • November - Keith Oswald, new Safe Schools Director • December - Health Teacher; usage and update about curriculum • Other topics to consider included : Teen Suicide, Alternative Schools, Nutrition in Schools, Disabilities | Kim Williams will follow-up with Keith Oswald to present at the Nov. SHAC meeting. |
| Announcements | <u>Upcoming events:</u> <ul style="list-style-type: none"> • SHAC Mental Health Subcommittee, November 1, 2011, PBCHD, School Health Program Conference Room • Future of Medicine Summit V, October 27-29, 2011 -Taming the Obesity Epidemic panel presentation Oct. 27 at 1:00 PM, Palm Beach County Convention Center, West Palm Beach, Florida • "Only I Can Define Me" – November 10, 2011, 8:00 pm, Out of the Blue Restaurant, Jupiter. • Everybody's a Teacher, October 28, 2011 9am-12pm, South County Civic Center • November 18, 2011 – "Breaking the Silence"- Boca Raton's Promise, Palm Beach Gardens, School District/Dwight D. Eisenhower Elementary at the Training Café. | SHAC Mental Health Subcommittee will be set-up for conference call-in. |
| Adjournment | Meeting adjourned at 1:30 PM. Next Meeting is November 10, 2011 | |